

CONSENT, WAIVER & RELEASE FORM

In consideration of my application being accepted, I, intending to be legally bound, do hereby, for myself, my heirs, executor and administrators, waive, release and forever discharge any and all rights and claims for damages, which I may have or which may hereafter accrue against COACH COWGILL CAMP, Nease High School, St. John's County schools, any coach involved in camp, and/or their respective officers, representatives, successors, and/or assigns, for any and all damage which may be sustained or suffered by me in connection with my association with or participating in and/or rising out of my travel to or from this camp. THIS WILL HEREBY CERTIFY THAT THIS PARTICIPANT IS QUALIFIED TO ATTEND THIS CAMP. I further state that officers, representative, successor, and/or assigns are in no way responsible for any pre-existing injury, or reoccurrence of any injury or illness, disclosed or undisclosed. I give my written permission for my child to be treated by a medical doctor if deemed necessary by coaches. I, THE PARENT OR GUARDIAN, DO HEREBY AGREE TO THE ABOVE WAIVER AND RELEASE FURTHER CERTIFY HEALTH INSURANCE COVERAGE FOR THE PARTICIPANT NAMED HEREIN AND ACKNOWLEDGE THE SOLE USE OF SAD HEALTH INSURANCE IN ALL CASES RELATIVE TO PARTICIPATION IN THIS CAMP.

SIGN HERE:

Signature, Parent or Guardian

Please Print Name

Date

INSURANCE INFORMATION

Important: Your health insurance will be the source if illness occurs or your child needs care.

Physician's Name & City:

Any known allergies:

APPLICATION IS INCOMPLETE IF NOT COMPLETED ON BOTH SIDES

Coach Cowgill Camp
10550 Ray Road
Ponte Vedra, FL 32081

2009 COACH COWGILL YOUTH FOOTBALL CAMPS



YOUTH CAMP
June 15-18, 2009
9:00 a.m. - 2:00 p.m.

MIDDLE SCHOOL CAMPS
June 22-25 & July 27-30
5:30 p.m. - 8:00 p.m.

NEASE HIGH SCHOOL
www.coachcowgillcamps.org



Nease High School Head Football Coach Danny Cowgill

2009 COACH COWGILL FOOTBALL CAMPS

YOUTH CAMP

AGES: 6-12
DATES: June 15 - 18
TIME: 9:00 a.m. - 2:00 p.m.
(Can drop off at 8:00 a.m.)
PLACE: Nease High School
COST: \$105.00

MIDDLE SCHOOL CAMPS

AGES: Grades 5-8
DATES: June 22 - 25 AND July 27 - 30
TIME: 5:30 p.m. - 8:00 p.m.
PLACE: Nease High School
COST: \$85.00

To register, sign the consent form and send check and completed registration form to
Coach Cowgill Camp
c/o Valerie Grzywacz, 1117 Pine Mill Lane
Ponte Vedra Beach, FL 32082

QUESTIONS:

call Coach Cowgill at 904-535-5645 or
David San Juan at 904-233-4077

www.coachcowgillcamps.org

2009 COACH COWGILL YOUTH FOOTBALL CAMPS

Prepare and empower young athletes with sound fundamental football techniques as they progress toward high school football.

Our goal is to teach you the basics and techniques of football. At our football camp, your tackling, blocking, stances, and all around knowledge of the game will improve. You will be coached by the staff at Nease High School, which includes former college/pro coaches as well as former NFL players. There will be a guest speaker each day as we teach life lessons as well as the game of football. We will also play 7 on 7 games and Speed Ball to incorporate your skills into a team situation. This is a non-contact camp, and kids will be divided based on age and playing experience.

We welcome the experienced player as well as the beginner!



2009 COACH COWGILL FOOTBALL CAMP REGISTRATION FORM

(Please Print)

Name _____ Grade next fall (08) _____

Address _____

Phone Number(s) _____

Parent(s) Names _____ School you currently attend _____

Have you played football before _____ If Yes, how many years? _____ Approximate Height _____ Approximate Weight _____

Email Address: _____

T-Shirt Size: _____

CAMP (Check one) Youth Camp - \$105.00 Middle School (June 22-25) - \$85.00 Middle School (July 27-30) - \$85.00

COST: _____ Enclosed (Make check payable to Coach Cowgill Camps)